

**"فرم جشنواره غذای سالم در شرایط کرونا"**

محل آپلود عکس 

نام و نام خانوادگی شرکت کننده:

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محل خدمت:

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نام غذای تهیه شده:

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مواد اولیه:

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دستور پخت غذا:

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خواص تغذیه ای غذای تهیه شده جهت تقویت سیستم ایمنی :

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